

Renew Psychotherapy Center, LLC

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Participation Agreement

Retreat Title: *Summit Retreat for Therapists & Healers*

Retreat: April 8 – 12, 2026 (Peru)

Location: *Beach El Peñascal, Peru*

Theme: *EMDR & BEYOND: The Science of Connection*

A Continuing Education Program on Trauma-Informed Care for Youth, Adults, and Families

Presenters

- Dr. Linda Timme, DSW, LCSW – Founder, CEO, Clinical & CE Director
- David Timme, PA – Physician Assistant & Program Director

Facilitators & Guides

Featuring internationally recognized experts in trauma healing:

Dr. Cio Hernández – Bilingual Clinician, EMDR Certified and Approved Consultant.

Sarita Molinar, LPC – Psychotherapist, Art Therapist, Yoga Instructor

Dr. Linda Timme, DSW – Bilingual Clinician, Advanced EMDR Trainer, EMDR Certified Therapist, EMDRIA Approved Consultant and Mental Health Advocate

Welcome

We warmly welcome you to this unique professional development and wellness retreat, set against the serene backdrop of Beach El Peñascal, Peru.

This all-inclusive program is thoughtfully designed for licensed clinicians, pre-licensed professionals, healers, and wellness practitioners. Together, we will:

- Deepen clinical skills
- Enhance personal insight
- Foster restorative self-care

At **Renew Psychotherapy Center, LLC**, retreats are more than education—they are opportunities for renewal. Through experiential learning, collaborative dialogue, and integrative healing practices, you will explore the intersection of neuroscience, trauma-informed care, and culturally responsive practices.

We are committed to inclusivity and psychological safety. By joining, you affirm your commitment to ethical conduct, confidentiality, respect for diversity, and contribution to a supportive group environment.

SECTION 1: AGREEMENT OVERVIEW

This **Retreat Participation Agreement** (“Agreement”) is entered into between:

- **Renew Psychotherapy Center, LLC**
Registered Business Address: 102 Williams Street, Crisfield, Maryland 21817, USA
- **Participant(s):** Information collected during registration.

This Agreement outlines mutual responsibilities, services, and legal expectations regarding participation in the retreat.

☐ *Retreat: April 8 – 12, 2026 (Peru)*

SECTION 2: PARTICIPANT INFORMATION

Full Legal Name

First: Last:
Date of Birth: (MM-DD-YYYY)

Professional Information

Organization:
Role/Title:
Website:
Email:
Phone:

Professional Status (check all that apply):

☐ Licensed Professional ☐ Pre-Licensed ☐ Intern ☐ Student ☐ Other:

Credentials

- License Type/Number(s):
- Issuing State/Jurisdiction:
- Other Credentials:

Continuing Education Credits Requested?

☐ Yes ☐ No | Type:

SECTION 3: HEALTH & WELLNESS INFORMATION

(Confidential – shared only with essential staff)

- Medical Conditions:
- Allergies/Dietary Needs:
- Sensitivity to Fragrances/Essential Oils: ☐ Yes ☐ No
- Mobility/Accommodation Requests:

Emergency Contact

Name:

Primary Phone:

Relationship:

SECTION 4: FEES & ACCOMMODATIONS

Duration: 5 days / 4 nights | **Location:** Beach El Peñascal, Peru

Room Type	Single Rate	Guest/Shared Add-On
Ocean View Master Suite	\$3,500	+\$1,500
Balcony Ocean View Master Suite	\$3,000	+\$1,500
Balcony Ocean View (Shared Bath)	\$2,500	+\$1,500
Shared Ocean View Room (Shared Bath)	\$2,500	+\$1,500

Accommodation Option 1

Balcony Ocean View Shared Room (Shared Bath)

Enjoy breathtaking ocean views and a relaxing environment designed to nurture learning and connection. Perfect for solo travelers, colleagues, or friends attending together.

Rates

- Single Room: \$2,500 per person
Includes full CE training access, daily meals, activities, and wellness sessions
- Shared Room (Two Beds – Both Attending the Program): \$2,100 per person

- Guest (Guest not attending sessions): \$1,500 total

Package Includes:

- Full access to all trainings
- Daily meals, snacks, and beverages
- Group activities
- Experiential exercises
- Wellness and integration sessions
- Community connection opportunities

Room Details:

- Double bed or twin beds available
- Single bed or sofa bed options
- Shared bathroom
- Balcony with ocean view
- Shared by group travelers

Accommodation Option 2: Balcony Ocean View Master Room

This option is ideal for couples, colleagues, or friends who want to share a serene and transformative retreat experience in a spacious, ocean-facing master room.

Investment

- Single Participant: \$3,000 USD
Includes full CE training access, daily meals, activities, and wellness sessions
- Shared Room (Two Beds – Both Attending the CE Program): \$2,600 USD per person
Includes full CE training access for both participants
- Second Participant (Guest or Optional Training): \$1,500 USD
Includes meals, activities, and optional access to CE training

Room Details

- One single bed with ocean view
- One sofa bed with ocean view
- Shared bathroom with shower
- Available for single or couples/colleagues occupancy

Package Includes

- Full access to all trainings and experiential learning
- Daily meals, snacks, and refreshments
- Guided wellness practices and cultural experiences
- Opportunities for rest, connection, and reflection

Accommodation Option 3: Ocean View Master Room

All-Inclusive Package | Comfort, Privacy & Stunning Views

Investment

- **Single Participant:** \$3,000 USD
Includes full CE training access, daily meals, activities, and wellness sessions
- **Couple / Friend Add-On:** \$1,500 USD
Includes shared room, meals, activities, and optional access to CE training

Room Details

- King-size bed with panoramic ocean view
- Private bath with shower
- Designed for single or couples/colleagues occupancy

Package Includes

- Full access to all trainings and experiential sessions
- Daily meals, snacks, and refreshments
- Guided wellness activities and cultural experiences
- Spacious, private setting perfect for relaxation and renewal

Investment: Option 4: Ocean View Master Room

All-Inclusive Package

Single Room – \$3,500 USD (One Participant)

Enjoy the comfort and privacy of your own master room. Perfect for solo participants who want a quiet, restorative experience.

Shared Single Room (1 Bed) – \$3,500 + \$1,500

Ideal for couples, guest, colleagues, or friends who wish to share the experience.

Room Details

- King-size bed with breathtaking ocean view
- Ensuite private bath with shower
- Single or couples occupancy

Package Includes

- Full access to all trainings
- Daily meals and refreshments
- Wellness activities and cultural experiences

Package Includes: All-Inclusive Retreat Experience

Your retreat package has been carefully designed to provide ease, comfort, and connection, so you can fully focus on your professional growth, clinical learning, and restorative renewal.

Accommodations

- Four-night / five-day oceanview accommodations at the Renew Retreat Center
- Options for single, double, or shared rooms (based on selection)
- Comfortable lodging with access to pools, terraces, and common wellness areas

Transportation

- Complimentary group round-trip shuttle from Jorge Chávez International Airport (LIM) to the retreat center
- Private transfer options available upon request (approx. \$35 USD)

Meals & Refreshments

- Daily chef-prepared organic meals (breakfast, lunch, and dinner)
- Snacks, coffee, tea, and beverages throughout the day
- Special accommodations available for dairy-free, gluten-free, vegetarian, and vegan preferences

Educational & Professional Growth

- 14.5 CE Credit Hours (NBCC, CAMFT CEPA, ASWB, APA – depending on licensing board acceptance)
- 6.5 EMDRIA Credits (Program #20011-01)
- 5 EMDR Consultation Hours toward certification
- Evidence-based workshops integrating EMDR, CBT, DBT, ART, and trauma-informed practices
- Post-retreat integration group and future retreat discounts

Wellness & Integrative Practices

- Guided mindfulness, yoga, and movement sessions
- Sound healing and integration circles
- Traditional Peruvian cultural and healing rituals
- Equine-assisted therapy and eco-therapy sessions

Creative & Experiential Activities

- Expressive writing and therapeutic art sessions
- Paddleboarding and surfing (optional)
- Guided hikes, oceanfront activities, and cultural excursions

Hospitality & Enrichment

- Welcome package with curated gifts
- Opening and closing celebration circles
- Access to community gathering spaces designed for reflection and connection

SECTION 5: FLIGHT & TRAVEL DETAILS

- **Arrival Airport:** Jorge Chávez International Airport (LIM), Lima
- **Group Shuttle:** Departs daily at 3:00 PM | Travel time ~1 hour+Traffic
- **Private Transfer:** Available (\$35 USD)

Travel support and bilingual coordination will be provided.

SECTION 6: PROGRAM & AGENDA (At a Glance)

Day 1: Arrival & Orientation (Welcome Dinner & Opening Circle)

Days 2–4: Educational Workshops, Cultural/Healing Practices, Integration Circles

Day 5: Closing Workshop & Departure

Optional Post-Retreat Excursions: Lima, Machu Picchu, Rainbow Mountains, Amazon Rainforest, Lake Titicaca.

SECTION 7: POLICIES & LEGAL TERMS

Cancellation & Refund Policy

- \$500 deposit required (non-refundable, applied to total).
- Full refund (minus deposit) if canceled 150+ days before retreat.
- No refunds after final payment.
- Full refund if retreat canceled by organizers.

Liability Waiver & Risk Acknowledgment

Participation is voluntary. Risks include travel, wellness practices, and optional excursions.

Renew Psychotherapy Center, LLC is not liable for injury, illness, or loss.

Insurance Requirement

All participants must secure medical & travel insurance.

Code of Conduct

Participants agree to:

- Respect confidentiality and diversity.
- Avoid disruptive or unsafe behavior.
- Uphold professional ethics.

Violations may result in dismissal without refund.

Media Release

Unless declined in writing, participants consent to use of photographs/video for educational and promotional purposes.

Grievance Policy

Concerns regarding CE content may be submitted to admin@renewdr.org. Responses provided within 14 business days.

PARTICIPANT AGREEMENT: LIABILITY WAIVER, RISK ACKNOWLEDGMENT & TERMS AND CONDITIONS

Renew Psychotherapy Center, LLC – Therapist Retreat in Peru

This Agreement is entered into by the undersigned participant ("Participant") in favor of Renew Psychotherapy Center, LLC, a Limited Liability Company registered in the State of Maryland, USA, and its affiliates, owners, officers, directors, employees, contractors, agents, facilitators, successors, and assigns (collectively, the "Releasees"). It outlines the terms governing participation in the Therapists and Healers Retreat in Peru.

Highlighted Refinements Section by Section

1. Voluntary Participation

I acknowledge that my participation in the Therapist Retreat ("Retreat") is fully voluntary. This includes all scheduled and optional activities, such as workshops, wellness sessions, movement practices, experiential work, group discussions, off-site excursions, and associated travel ("Activities").

2. Assumption of Risk

I understand that participation may involve inherent risks, including physical injury, illness (including COVID-19), psychological distress, or property loss. I affirm that I am physically and emotionally capable of participating and have consulted a healthcare provider if needed.

3. Release of Liability

I voluntarily release and discharge Renew Psychotherapy Center, LLC, and all Releasees from any claims arising from negligence related to my participation in the Retreat and Activities.

4. Indemnification

I agree to indemnify and hold harmless Renew Psychotherapy Center, LLC, and Releasees from any liability, including legal fees, resulting from my conduct or violation of this Agreement.

5. Emergency Medical Care

If needed, I authorize emergency medical care and assume responsibility for all associated costs. I understand that Renew Psychotherapy Center, LLC is not liable for the outcome of any treatment or intervention.

6. Behavior and Dismissal

I agree to conduct myself respectfully and responsibly. I understand that any disruptive, unsafe, or inappropriate behavior may result in immediate dismissal without a refund and that I am responsible for any additional expenses.

7. Force Majeure

Renew Psychotherapy Center, LLC reserves the right to cancel, reschedule, or relocate the retreat in natural disasters, pandemics, or other circumstances beyond the organizers' control. While refunds are not guaranteed, alternative arrangements will be made in good faith. Renew Psychotherapy Center, LLC reserves the right to cancel, reschedule, or relocate the retreat in natural disasters, pandemics, or other circumstances beyond the organizers' control. While refunds are not guaranteed, alternative arrangements will be made in good faith.

8. CE & Certification Disclaimer

Continuing education (CE) credits and consultation hours may be available. I understand my responsibility is to verify eligibility with my licensing board or professional body.

9. Currency & Payment Responsibility

I am responsible for all fees related to international banking, transfers, and currency conversion associated with retreat payments.

10. Accessibility

1. For accommodations related to disability, the process typically involves the following steps:
2. Submission: Participants who need accommodations should submit a written request outlining the specific accommodations they require. This request can be sent to the designated email or administrative contact for the event.
3. Review: The submitted request will be reviewed to assess the feasibility of the accommodation and determine what adjustments can be made to ensure accessibility and inclusivity.
4. Confirmation: Once the request has been reviewed, the individual will be contacted to confirm whether the accommodation can be provided or if alternative solutions are available.
5. Implementation: Accommodations will be implemented before or during the event, depending on the nature of the request. Participants will be kept informed about the accommodations in place.

6. Follow-up: If there are any issues during the event, a follow-up process will be available for adjustments as needed

While efforts will be made to accommodate accessibility needs, full ADA compliance may not be possible at international venues. I agree to communicate any accommodations required at least 30 days in advance.

11. Risky Activities Disclaimer

Optional activities like surfing, horseback riding, or similar excursions involve inherent risks. My participation in such activities is voluntary, and I accept full responsibility.

12. Travel & Arrival Information

- Arrival Airport: Jorge Chávez International Airport (LIM), Lima, Peru
- Recommended Arrival Time: Before 2:00 PM (daily flights available)
- Group Shuttle Departure: 3:00 PM from the airport to the retreat center

Travel Time: The drive to the retreat center takes approximately 1 hour, depending on traffic conditions.

Travel Support: A bilingual, Peru-based coordinator will assist with logistics.

13. Medical & Travel Insurance

I agree to obtain international medical and travel insurance that includes trip cancellation, emergency evacuation, and COVID-19 coverage.

14. Health & Wellness Disclosure

I agree to disclose any health conditions, allergies, medications, or emotional needs no later than 30 days before the retreat.

15. Media Release

Unless I opt out in writing, I grant permission for my image, voice, or likeness to be used in photos, videos, and promotional or educational materials.

16. Code of Conduct

I agree to:

- Respect boundaries and confidentiality
- Avoid discriminatory or disruptive behavior

- Refrain from judgment, comparison, or shame-based interactions

Violations may result in immediate dismissal without a refund.

17. Schedule Changes

The itinerary is subject to change due to weather, local conditions, or facilitator availability. Refunds will not be issued for changes.

18. Dispute Resolution

Disputes shall first be resolved through mediation or arbitration. Legal jurisdiction shall be in Maryland, USA, unless otherwise governed by applicable international law.

19. Post-Retreat Continuing Education

As a participant, I will receive:

- Access to a private post-retreat integration group
- Discounts on future retreats and consultations

20. Participant Commitment

By signing this agreement, I commit to:

- Showing up with presence, curiosity, and respect
- Honoring the sacredness of shared group space
- Supporting emotional safety and honoring diverse perspectives

21. Intellectual Property & Competition Clause

All retreat content and materials are proprietary. I agree not to:

- Reproduce, share, or distribute content without written permission
- Repurpose materials to create competing events

Violations may result in access revocation, legal action, and forfeiture of any paid fees.

22. Bonus Perks

Participants will receive:

- A curated Welcome Gift Box
- Access to post-retreat consultation groups
- Lifetime discounts on select future offerings

- Opportunities to contribute to global wellness initiatives

23. Emergency Procedures

Retreat facilitators and local staff will coordinate emergency support. Medical services are accessible in San Bartolo and Asia, Peru. Detailed safety protocols and contacts will be shared upon arrival.

24. Packing Suggestions

Recommended items include:

- Layers for varying temperatures
- Comfortable walking shoes
- Swimwear, reef-safe sunscreen, natural insect repellent
- Refillable water bottles, journals, and meaningful personal items

25. Passport & Visa Requirements

A valid passport is required. U.S. citizens may stay in Peru for up to 90 days without a visa. Participants are responsible for complying with current Peruvian entry and exit requirements.

26. Dietary Needs & Accessibility

Dietary accommodations (e.g., vegetarian, gluten-free) will be made with advance notice (minimum 30 days). Accessibility support will be provided within site limitations.

27. Group Size & Intention

To maintain an intimate and supportive environment, group size is intentionally limited. You are invited to:

- Be present, not perfect
- Trust the process
- Respect your own and others' experiences

28. Informed Consent for Therapeutic Modalities

"I understand that this retreat is not a substitute for psychotherapy or medical treatment. While facilitated by licensed professionals, the retreat is intended for professional development and wellness—not individual therapy"

29. Code of Ethics & Professional Responsibility

"As a licensed/pre-licensed professional, I agree to uphold ethical standards as outlined by my regulatory body throughout the retreat, including maintaining confidentiality and professional decorum."

30. Conflict of Interest / Dual Role Disclaimer

Facilitators will disclose any known or potential dual relationships or conflicts of interest. Should future professional engagement arise, such relationships will be discussed transparently and ethically following the conclusion of the retreat.

31. Governing Law & Severability

This Agreement shall be governed by the laws of the State of Maryland and, when applicable, the laws of Peru. If any portion of this Agreement is deemed invalid or unenforceable, all remaining provisions shall continue in full force and effect.

32. Grievance Policy (CE Requirement)

Participants with concerns about the educational content or delivery may submit a written grievance to admin@renewdr.org. All concerns will be reviewed and responded to within 14 business days.

1. Purpose

The purpose of this Grievance Policy is to provide a clear and respectful process for retreat participants to express any concerns or complaints regarding their retreat experience. This ensures that any grievances are addressed in a fair and timely manner, promoting a positive and supportive retreat environment for all participants.

2. Scope

This policy applies to all participants attending the retreat. It covers any grievances related to the retreat experience, including but not limited to issues with accommodations, staff behavior, program activities, educational content or delivery, or any other concerns during the retreat.

3. Procedure

Step 1: Informal Resolution

We encourage participants to first attempt to resolve their grievance informally by addressing the issue directly with the person involved (e.g., staff, facilitator, or other participants) in a respectful manner. Many concerns can be resolved through open communication and understanding.

Step 2: Formal Grievance Submission

If the issue is not resolved informally or the participant feels uncomfortable approaching the person directly, a formal grievance can be submitted. Participants should submit a written grievance to the Grievance Officer or Designated Retreat Coordinator, outlining the nature of the complaint, the date(s) of the incident(s), and any relevant details. The written grievance should also include the desired outcome or resolution the participant is seeking.

Step 3: Educational Content or Delivery Concerns

Participants with concerns about the educational content or delivery may submit a written grievance to admin@renewdr.org. All concerns will be reviewed and responded to within 14 business days.

Step 4: Grievance Investigation

Upon receiving a formal grievance, the Grievance Officer or Retreat Coordinator will initiate a prompt investigation. This may include interviews with the participant, the staff involved, and any witnesses to the incident. Every effort will be made to resolve the issue respectfully and thoroughly. Investigations will typically be completed within 7 working days.

Step 5: Outcome and Resolution

After the investigation, the Grievance Officer or Retreat Coordinator will provide a written response to the participant. This response will include the findings of the investigation and any corrective actions that may be taken, where applicable. The response will be delivered within following the completion of the investigation.

Step 6: Appeal Process

If the participant is unsatisfied with the outcome, they may appeal the decision by submitting a written request for review to the Grievance Review Committee or Senior Retreat Staff within 7 days of receiving the outcome. The appeal process will involve a separate review of the grievance to ensure fairness and transparency.

Confidentiality

All grievance-related information will be kept confidential to the extent possible, and will only be shared with those directly involved in the investigation or resolution process. All parties involved will be informed of the confidential nature of the grievance and investigation.

No Retaliation

Retaliation against participants who file a grievance or participate in the grievance process is strictly prohibited. Retaliation will not be tolerated and may result in disciplinary action.

Support and Assistance

Participants who need assistance in submitting a grievance or have questions about the process can contact the Grievance Officer, Retreat Coordinator, or designated contact. Support will be provided throughout the process to ensure the participant feels heard and respected.

Final Remarks

This policy is designed to ensure that all participants have a safe, supportive, and fulfilling experience during the retreat. We encourage participants to express any concerns early so that they can be addressed promptly and respectfully, ensuring the retreat remains a space of healing, growth, and positive interaction.

Photography/Video Consent Form – Full Consent

I hereby authorize Renew Psychotherapy Center, LLC, its representatives, and authorized media personnel to take photographs and/or video/audio recordings of me during this event.

Use of Images

I understand and agree that the photographs/videos may be used in any format for:

- Educational and training purposes
- Public-facing marketing materials
- Social media and website content
- Digital or print newsletters
- Professional presentations and publications

Voluntary Consent

- My participation is voluntary.
- Declining to be photographed or recorded will not affect my participation in the event or access to services.

Privacy and Confidentiality

- No identifying clinical or personal information will be disclosed without my additional written consent.
- Efforts will be made to use group shots or non-identifying visuals whenever possible.

Revocation of Consent

- I may withdraw my consent at any time by submitting a written request to:
Email: admin@renewdr.org
- The revocation applies only to future usage and cannot undo previously published material.

No Compensation

I waive any right to royalties or other compensation for the use of these materials.

Legal Acknowledgment

By signing below, I affirm that:

- I am 18 years of age or older and legally competent to enter into this Agreement.
- I have read, understood, and voluntarily agree to the terms outlined herein.
- I acknowledge that by signing this document, I am waiving certain legal rights, including the right to pursue legal action under specified circumstances.

Final Acknowledgment & Signature

By signing below, I affirm that:

- I have read and understood the full contents of this Retreat Participation Agreement.
- I voluntarily agree to all terms, conditions, and responsibilities outlined herein.
- I acknowledge the policies on liability, cancellation, travel, professional conduct, and participation.
- I commit to engaging in this retreat in a respectful, ethical, and wholehearted manner.
- I understand that my registration is not considered complete until payment has been confirmed by a representative of Renew Psychotherapy Center, LLC.
- To secure my spot, I agree to submit a \$500 non-refundable deposit, which will be applied toward the total retreat cost.

Cancellation & Refund Policy

- I acknowledge that Renew Psychotherapy Center, LLC does not issue refunds for cancellations once any payment beyond the deposit has been made.
- If I cancel my reservation 150 days or more prior to the retreat start date, I am eligible for a refund of all payments made excluding the non-refundable deposit.
- The deposit will only be refunded if the retreat is canceled by Renew Psychotherapy Center, LLC.
- In the event of unforeseen or extraordinary circumstances—such as natural disasters, serious illness, or other emergencies—a full refund may be issued at the sole discretion of the organizers.

Travel Insurance & Financial Responsibility

- I understand that purchasing comprehensive travel insurance is strongly recommended to protect against potential trip cancellations, interruptions, or medical emergencies.
- Should I fail to attend, cancel without sufficient notice, or withdraw after the retreat has begun, I accept full financial responsibility for the total cost of the retreat.

I understand that this signed agreement constitutes a legally binding contract between myself and Renew Psychotherapy Center, LLC.

I further agree to sign a hard copy of this Agreement upon arrival at the retreat site in Peru.

SECTION 8: FINAL ACKNOWLEDGMENT & SIGNATURE

By signing, I confirm:

- I have read and agree to the terms of this Agreement.
- I understand the cancellation, liability, and conduct policies.
- I commit to full participation in a respectful and ethical manner.

Participant's Full Name:

Signature:

Date:

Thank you for being part of this journey. – The Renew Psychotherapy Center Team